



2012 YOUTH RISK BEHAVIOR SURVEY



Summary Report – Middle School

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Lord Fairfax Health District 2012 Youth Risk Behavior Survey Summary Report – Middle School

Introduction

The Youth Risk Behavior Survey (YRBS) is part of the Youth Risk Behavior Surveillance System (YRBSS) developed in 1990 by the U.S. Centers for Disease Control and Prevention (CDC) to monitor behaviors that affect morbidity (disease) and mortality (death) among middle- and high-school age youth. The YRBSS monitors seven categories of priority health-risk behaviors among youth, behaviors that contribute to unintentional injuries and violence; sexual behaviors that contribute to unintended pregnancy and sexually transmitted diseases; alcohol and other drug use; tobacco use; unhealthy dietary behaviors; inadequate physical activity; and prevalence of obesity and asthma.

In the fall of 2012 the Virginia Department of Health's Lord Fairfax Health District, in collaboration with the local school systems, administered the 2011 version of the YRBS to eighth and 11th grade students in the counties of Clarke, Frederick, Page, and Warren, and the City of Winchester. Shenandoah County Schools participated in an earlier survey administration and did not participate in the fall. A middle school and high school report was generated for each of the participating school districts along with the LFHD wide summaries for each grade.

The YRBS provides data that may be used by schools, state or local government agencies, or community organizations for policy development and program planning. Comparison of data to subsequent and previous administration of the YRBS can also reveal trends in these behaviors.

Survey Administration Procedures

The survey was administered in the classroom by school staff. The paper-and-pencil survey was short enough to be completed during a typical class period. Participation in the survey was voluntary, and students could skip any questions they did not want to answer. Parents were able to opt-out their child if they did not want him or her to participate.

Data Presentation

This report presents YRBS data in tables, by sex, grade level, and total sample. Highlights of the data are presented in the bulleted narrative. Data summaries for each question in the YRBS questionnaire are included in the Appendix.

The following categories of student behaviors are presented in this report: 1) traffic safety, 2) bullying and violence, 3) suicide, 4) tobacco use, 5) alcohol use, 6) marijuana and other drug use, 7) sexual behavior, 8) body weight and dieting, and 9) physical activity.

Demographic Profile

A demographic profile of the survey sample is presented in the table below. A slightly higher percentage of respondents were female (50.4%) than male (49.5%). In response to the question addressing ethnicity, a majority of respondents identified themselves as Not Hispanic or Latino (87.4%), and a majority of the students identified their race as White (76.1%). All respondents to the survey are in the eighth grade.

<i>Demographic Composition of YRBS Sample</i>		
	Number	Percentage
Total Valid Surveys	1702	100.0
Sex		
Female	857	50.4
Male	843	49.5
Ethnicity		
Hispanic or Latino	199	11.7
Not Hispanic or Latino	1488	87.4
Race		
American Indian or Alaskan Native	38	2.2
Asian	27	1.6
Black or African American	99	5.8
Native Hawaiian or other Pacific Islander	21	1.2
White	1296	76.1
More Than One Race	162	9.5
Grade		
6 th	-	-
7 th	-	-
8 th	1702	100.0

(Categories may not total 100% due to missing data)

Traffic Safety

The 2012 YRBS includes four questions that address youth traffic safety-related behaviors. Results from these questions are presented as percentages (%) in the table and bulleted text below. Comprehensive results of these survey questions are presented in the Appendix (see questions 6-9).

Traffic Safety Behaviors						
	Female	Male	6th	7th	8th	All
<i>Among bike riding respondents:</i>						
Rarely or never wear a helmet when riding a bike	73.9	76.9	-	-	75.5	75.5
<i>Among rollerblading/skateboarding respondents:</i>						
Rarely or never wear a helmet when rollerblading or skateboarding	79.5	82.6	-	-	81.0	81.0
Rarely or never wear a seatbelt when riding in a car	6.8	9.4	-	-	8.2	8.2
Have ridden in a car driven by someone who had been drinking	24.6	20.3	-	-	22.5	22.5

Survey Highlights – Lord Fairfax Health District Eighth-Graders

- Of Lord Fairfax Health District eighth-graders who ride a bike, 75.5% report rarely or never wearing a helmet when riding a bike.
- Of eighth-graders who rollerblade or skateboard, 81.0% report rarely or never wearing a helmet when rollerblading or skateboarding.
- 8.2% report rarely or never wearing a seatbelt when riding in a car.
- 22.5% report having ridden in a car driven by someone who had been drinking alcohol.
- 6.8% of females and 9.4% of males report rarely or never wearing a seatbelt when riding in a car.

Bullying and Violence

The 2012 YRBS includes five questions that address youth violence and bullying-related behaviors. Results from these questions are presented as percentages (%) in the table and bulleted text below. Comprehensive results of these survey questions are presented in the Appendix (see questions 10-14).

<i>Bullying and Violence Behaviors</i>						
	Female	Male	6th	7th	8th	All
Ever carried a weapon	19.6	50.1	-	-	34.7	34.7
Ever had a physical fight	29.1	53.3	-	-	41.1	41.1
Ever had a physical fight that required medical attention	3.3	6.5	-	-	4.9	4.9
Ever been bullied on school property	51.9	36.4	-	-	44.3	44.3
Ever been electronically bullied	37.6	12.8	-	-	25.3	25.3

Survey Highlights – Lord Fairfax Health District Eighth-Graders

- 34.7% of Lord Fairfax Health District eighth-graders report ever carrying a weapon.
- 41.1% report ever having a physical fight, and 4.9% report ever having a physical fight that resulted in injuries that needed to be treated by a doctor or nurse.
- 44.3% report being bullied on school property, and 25.3% report being bullied electronically.
- A greater percentage of males report ever carrying a weapon and ever having a physical fight compared to females.
- Greater percentage of females report being bullied electronically and on school property compared to males.

Suicide

The 2012 YRBS includes three questions that address youth suicide-related behaviors. Results from these questions are presented as percentages (%) in the table and bulleted text below. Comprehensive results of these survey questions are presented in the Appendix (see questions 15-17).

<i>Suicide Behaviors</i>						
	Female	Male	6th	7th	8th	All
Ever seriously considered attempting suicide	27.9	13.0	-	-	20.6	20.6
Ever made a suicide plan	17.8	8.3	-	-	13.2	13.2
Ever attempted suicide	9.4	4.2	-	-	6.8	6.8

Survey Highlights – Lord Fairfax Health District Eighth-Graders

- 20.6% of Lord Fairfax Health District eighth-graders report ever seriously considering attempting suicide, and 13.2% report ever making a suicide plan.
- 6.8% report ever attempting suicide.
- 9.4% of females and 4.2% of males report ever attempting suicide.

Tobacco Use

The 2012 YRBS includes eight questions related to tobacco use. Results from six of these questions are presented as percentages (%) in the table and bulleted text below. Comprehensive results of these survey questions are presented in the Appendix (see questions 18-25).

<i>Tobacco Use Behaviors</i>						
	Female	Male	6th	7th	8th	All
Ever tried cigarette smoking	17.5	18.0	-	-	17.8	17.8
Smoked a whole cigarette before age 10	3.3	3.1	-	-	3.3	3.3
Current cigarette smokers	5.7	6.4	-	-	6.2	6.2
Smoked two or more cigarettes on the days they smoked cigarettes	2.5	3.5	-	-	3.0	3.0
Current smokeless tobacco users	2.0	5.7	-	-	3.9	3.9
Current cigar users	2.3	5.3	-	-	3.9	3.9

Survey Highlights – Lord Fairfax Health District Eighth-Graders

- 17.8% of Lord Fairfax Health District eighth-graders report ever trying cigarette smoking.
- 3.3% report smoking a whole cigarette for the first time before age 10.
- 6.2% report being current smokers, that is, smoked cigarettes during the previous 30 days.
- 3.0% report smoking 2 or more cigarettes on the days they smoked cigarettes.
- 17.5% of females and 18.0% of males report ever trying cigarette smoking.

Alcohol Use

The 2012 YRBS includes two questions that address youth alcohol use. Results from these questions are presented as percentages (%) in the table and bulleted text below. Comprehensive results of these survey questions are presented in the Appendix (see questions 26-27).

Alcohol Use Behaviors						
	Female	Male	6th	7th	8th	All
Ever had a drink of alcohol	28.3	30.0	-	-	29.2	29.2
Had a drink of alcohol before age 10	7.0	9.9	-	-	8.4	8.4

Survey Highlights – Lord Fairfax Health District Eighth-Graders

- 29.2% of Lord Fairfax Health District eighth-graders report ever having a drink of alcohol.
- 8.4% report having a drink of alcohol for the first time before age 10.
- 28.3% of females and 30.0% of males report ever having a drink of alcohol.

Marijuana and Other Drug Use

The 2012 YRBS includes six questions that address marijuana and other drug use. Results from these questions are presented as percentages (%) in the table and bulleted text below. Comprehensive results of these survey questions are presented in the Appendix (see questions 28-33).

<i>Marijuana and Other Drug Use Behaviors</i>						
	Female	Male	6th	7th	8th	All
Ever tried marijuana	8.1	10.8	-	-	9.5	9.5
Tried marijuana before age 10	1.9	2.4	-	-	2.2	2.2
Ever used cocaine	2.6	3.6	-	-	3.2	3.2
Ever used inhalants	9.9	5.6	-	-	7.9	7.9
Ever used steroids	1.6	1.4	-	-	1.6	1.6
Ever used prescription drugs	4.0	4.3	-	-	4.3	4.3

Survey Highlights – Lord Fairfax Health District Eighth-Graders

- 9.5% of Lord Fairfax Health District eighth-graders report ever trying marijuana.
- 2.2% report trying marijuana for the first time before age 10.
- 8.1% of females and 10.8% of males report ever trying marijuana.

Sexual Behavior

The 2012 YRBS includes five questions that address youth sexual behaviors. Results from these questions are presented as percentages (%) in the table and bulleted text below. Comprehensive results of these survey questions are presented in the Appendix (see questions 34-37 and 48).

<i>Sexual Behaviors</i>						
	Female	Male	6th	7th	8th	All
Ever had sexual intercourse	8.6	13.4	-	-	11.0	11.0
Had first sexual intercourse before age 10	3.3	4.9	-	-	4.2	4.2
Had more than one partner	3.6	6.1	-	-	4.9	4.9
Did not use condom during last sexual intercourse	3.2	5.4	-	-	4.3	4.3
Ever taught about AIDS or HIV infection in school	45.4	50.8	-	-	48.1	48.1

Survey Highlights – Lord Fairfax Health District Eighth-Graders

- 11.0% of Lord Fairfax Health District eighth-graders report ever having sexual intercourse.
- 4.2% report having their first sexual intercourse before age 10.
- 5.6% report having their first sexual intercourse before age 12.
- 4.9% report having more than one partner.
- 4.3% report not using a condom during the last time they had sexual intercourse.
- 48.1% report being taught about AIDs or HIV infection in school.
- 8.6% of females and 13.4% of males report ever having sexual intercourse.

Body Weight and Dieting

The 2012 YRBS includes five questions that address youth body weight and dieting behaviors. Results from these questions are presented as percentages (%) in the table and bulleted text below.

Comprehensive results of these survey questions are presented in the Appendix (see questions 38-42).

Body Weight and Dieting Behaviors						
	Female	Male	6th	7th	8th	All
Describe themselves as slightly or very overweight	31.7	24.4	-	-	28.0	28.0
Trying to lose weight	54.3	33.2	-	-	43.9	43.9
Fasted to lose weight	25.9	12.1	-	-	19.2	19.2
Took diet pills, powders, or liquids to lose weight	6.9	1.8	-	-	4.5	4.5
Vomited or took laxatives to lose weight	8.9	1.5	-	-	5.3	5.3

Survey Highlights – Lord Fairfax Health District Eighth-Graders

- 28.0% of Lord Fairfax Health District eighth-graders report describing themselves as slightly or very overweight.
- 43.9% report trying to lose weight.
- A higher percentage report using fasting (19.2%) to lose weight compared to diet pills (4.5%) or vomiting/taking laxatives (5.3%).
- A greater share of females report dieting behaviors compared to their male counterparts.

Physical Activity

The 2012 YRBS includes five questions that address youth physical activity behaviors. Results from these questions are presented as percentages (%) in the table and bulleted text below. Comprehensive results of these survey questions are presented in the Appendix (see question 43-47).

Physical Activity Behaviors						
	Female	Male	6th	7th	8th	All
Are physically active for 60 minutes or more daily	28.5	48.2	-	-	38.1	38.1
Watched 3 or more hours of TV on an average school day	27.4	29.7	-	-	28.6	28.6
Played video/computer games or used computer for something other than school for 3 or more hours on an average school day	29.2	35.2	-	-	32.2	32.2
Participated in a physical education class during an average week when in school	83.8	90.5	-	-	87.0	87.0
Participated in at least 1 sports team during previous year	61.3	66.3	-	-	63.7	63.7

Survey Highlights – Lord Fairfax Health District Eighth-Graders

- 38.1% of Lord Fairfax Health District eighth-graders report being physically active for 60 minutes or more daily.
- 28.6% report watching 3 or more hours of TV on an average school day.
- 32.2% report playing video games or computer games or using the computer for something other than school work for 3 or more hours on an average school day.
- 63.7% report participating in at least 1 sports team, and 87.0% report participating in a physical education class.
- A greater percentage of males report being physically active for 60 minutes or more daily compared to their female counterparts.

APPENDIX

YRBS Questionnaire Data Summaries

Lord Fairfax Health District
2012 Youth Risk Behavior Survey
YRBS Questionnaire - Data Summaries
Summary Report – Middle School

NOTES: 1) Results are presented as percentages (%). 2) Columns may not total 100 due to rounding. 3) Questions are numbered as they are in the YRBS questionnaire. Questions 1-5 are demographic in nature and are not included in this summary.

SAFETY

6. When you ride a bicycle, how often do you wear a helmet?

	Female	Male	6th	7th	8th	All
A. I do not ride a bicycle	22.5	12.6	-	-	17.6	17.6
B. Never wear a helmet	43.0	52.8	-	-	47.9	47.9
C. Rarely wear a helmet	14.3	14.4	-	-	14.3	14.3
D. Sometimes wear a helmet	7.8	7.5	-	-	7.7	7.7
E. Most of the time wear a helmet	6.1	6.5	-	-	6.3	6.3
F. Always wear a helmet	6.3	6.2	-	-	6.2	6.2

7. When you rollerblade or ride a skateboard, how often do you wear a helmet?

	Female	Male	6th	7th	8th	All
A. I do not rollerblade or ride a skateboard	48.6	51.7	-	-	50.1	50.1
B. Never wear a helmet	35.5	32.9	-	-	34.2	34.2
C. Rarely wear a helmet	5.4	7.0	-	-	6.2	6.2
D. Sometimes wear a helmet	3.5	3.4	-	-	3.5	3.5
E. Most of the time wear a helmet	3.2	1.9	-	-	2.5	2.5
F. Always wear a helmet	3.9	3.1	-	-	3.5	3.5

8. How often do you wear a seat belt when riding in a car?

	Female	Male	6th	7th	8th	All
A. Never	2.3	3.9	-	-	3.2	3.2
B. Rarely	4.4	5.5	-	-	5.0	5.0
C. Sometimes	8.0	8.9	-	-	8.4	8.4
D. Most of the time	23.5	24.7	-	-	24.1	24.1
E. Always	61.7	56.9	-	-	59.3	59.3

9. Have you ever ridden in a car driven by someone who had been drinking alcohol?

	Female	Male	6th	7th	8th	All
A. Yes	24.6	20.3	-	-	22.5	22.5
B. No	55.7	63.4	-	-	59.5	59.5
C. Not sure	19.7	16.3	-	-	18.0	18.0

VIOLENCE-RELATED BEHAVIORS

10. Have you ever carried a weapon, such as a gun, knife, or club?

	Female	Male	6th	7th	8th	All
A. Yes	19.6	50.1	-	-	34.7	34.7
B. No	80.4	49.9	-	-	65.3	65.3

11. Have you ever been in a physical fight?

	Female	Male	6th	7th	8th	All
A. Yes	29.1	53.3	-	-	41.1	41.1
B. No	70.9	46.7	-	-	58.9	58.9

12. Have you ever been in a physical fight in which you were hurt and had to be treated by a doctor or nurse?

	Female	Male	6th	7th	8th	All
A. Yes	3.3	6.5	-	-	4.9	4.9
B. No	96.7	93.5	-	-	95.1	95.1

BULLYING

13. Have you ever been bullied on school property?

	Female	Male	6th	7th	8th	All
A. Yes	51.9	36.4	-	-	44.3	44.3
B. No	48.1	63.6	-	-	55.7	55.7

14. Have you ever been electronically bullied? (Include being bullied through e-mail, chat rooms, instant messaging, websites, or texting.)

	Female	Male	6th	7th	8 th	All
A. Yes	37.6	12.8	-	-	25.3	25.3
B. No	62.4	87.2	-	-	74.7	74.7

ATTEMPTED SUICIDE

15. Have you ever seriously thought about killing yourself?

	Female	Male	6th	7th	8th	All
A. Yes	27.9	13.0	-	-	20.6	20.6
B. No	72.1	87.0	-	-	79.4	79.4

16. Have you ever made a plan about how you would kill yourself?

	Female	Male	6th	7th	8th	All
A. Yes	17.8	8.3	-	-	13.2	13.2
B. No	82.2	91.7	-	-	86.8	86.8

17. Have you ever tried to kill yourself?

	Female	Male	6th	7th	8th	All
A. Yes	9.4	4.2	-	-	6.8	6.8
B. No	90.6	95.8	-	-	93.2	93.2

TOBACCO USE

18. Have you ever tried cigarette smoking, even one or two puffs?

	Female	Male	6th	7th	8th	All
A. Yes	17.5	18.0	-	-	17.8	17.8
B. No	82.5	82.0	-	-	82.2	82.2

19. How old were you when you smoked a whole cigarette for the first time?

	Female	Male	6th	7th	8th	All
A. I have never smoked a whole cigarette	87.5	86.9	-	-	87.1	87.1
B. 8 years old or younger	2.2	2.6	-	-	2.5	2.5
C. 9 years old	1.1	.5	-	-	.8	.8
D. 10 years old	1.1	1.8	-	-	1.4	1.4
E. 11 years old	1.2	2.4	-	-	1.8	1.8
F. 12 years old	3.2	3.0	-	-	3.1	3.1
G. 13 years old or older	3.9	2.8	-	-	3.3	3.3

20. During the past 30 days, on how many days did you smoke cigarettes?

	Female	Male	6th	7th	8th	All
A. 0 days	94.3	93.6	-	-	93.8	93.8
B. 1 or 2 days	2.7	2.7	-	-	2.8	2.8
C. 3 to 5 days	.7	.5	-	-	.6	.6
D. 6 to 9 days	.5	.4	-	-	.4	.4
E. 10 to 19 days	.8	.8	-	-	.8	.8
F. 20 to 29 days	.2	.6	-	-	.4	.4
G. All 30 days	.8	1.4	-	-	1.2	1.2

21. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

	Female	Male	6th	7th	8th	All
A. I did not smoke cigarettes during the past 30 days	93.8	93.2	-	-	93.4	93.4
B. Less than 1 cigarette per day	2.1	2.1	-	-	2.1	2.1
C. 1 cigarette per day	1.6	1.2	-	-	1.4	1.4
D. 2 to 5 cigarettes per day	1.8	1.7	-	-	1.7	1.7
E. 6 to 10 cigarettes per day	.2	.5	-	-	.4	.4
F. 11 to 20 cigarettes per day	.1	.5	-	-	.3	.3
G. More than 20 cigarettes per day	.4	.8	-	-	.6	.6

22. During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)

	Female	Male	6th	7th	8th	All
A. I did not smoke cigarettes during the past 30 days	92.6	93.0	-	-	92.7	92.7
B. I bought them in a store such as a convenience store, supermarket, discount store, or gas station	.6	1.1	-	-	.8	.8
C. I bought them from a vending machine	.1	.2	-	-	.2	.2
D. I gave someone else money to buy them for me	.8	1.1	-	-	.9	.9
E. I borrowed (or bummed) them from someone else	2.1	.8	-	-	1.5	1.5
F. A person 18 years old or older gave them to me	.7	.7	-	-	.7	.7
G. I took them from a store or family member	1.3	1.4	-	-	1.4	1.4
H. I got them some other way	1.8	1.7	-	-	1.8	1.8

23. Have you ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days?

	Female	Male	6th	7th	8th	All
A. Yes	6.7	6.8	-	-	6.8	6.8
B. No	93.3	93.2	-	-	93.2	93.2

24. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?

	Female	Male	6th	7th	8th	All
A. 0 days	98.0	94.3	-	-	96.1	96.1
B. 1 or 2 days	1.5	2.7	-	-	2.1	2.1
C. 3 to 5 days	.0	.4	-	-	.2	.2
D. 6 to 9 days	.2	.4	-	-	.3	.3
E. 10 to 19 days	.0	.7	-	-	.4	.4
F. 20 to 29 days	.1	.4	-	-	.2	.2
G. All 30 days	.1	1.2	-	-	.7	.7

25. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?

	Female	Male	6th	7th	8th	All
A. 0 days	97.7	94.7	-	-	96.1	96.1
B. 1 or 2 days	1.8	2.9	-	-	2.4	2.4
C. 3 to 5 days	.1	1.1	-	-	.6	.6
D. 6 to 9 days	.2	.6	-	-	.4	.4
E. 10 to 19 days	.1	.6	-	-	.4	.4
F. 20 to 29 days	.1	.0	-	-	.1	.1
G. All 30 days	.0	.1	-	-	.1	.1

DRINKING ALCOHOL

26. Have you ever had a drink of alcohol, other than a few sips?

	Female	Male	6th	7th	8th	All
A. Yes	28.3	30.0	-	-	29.2	29.2
B. No	71.7	70.0	-	-	70.8	70.8

27. How old were you when you had your first drink of alcohol other than a few sips?

	Female	Male	6th	7th	8th	All
A. I have never had a drink of alcohol other than a few sips	72.8	71.7	-	-	72.2	72.2
B. 8 years old or younger	5.8	7.6	-	-	6.7	6.7
C. 9 years old	1.2	2.3	-	-	1.7	1.7
D. 10 years old	1.8	3.1	-	-	2.4	2.4
E. 11 years old	3.1	2.3	-	-	2.7	2.7
F. 12 years old	6.0	6.6	-	-	6.3	6.3
G. 13 years old or older	9.4	6.5	-	-	8.0	8.0

MARIJUANA USE

28. Have you ever used marijuana?

	Female	Male	6th	7th	8th	All
A. Yes	8.1	10.8	-	-	9.5	9.5
B. No	91.9	89.2	-	-	90.5	90.5

29. How old were you when you tried marijuana for the first time?

	Female	Male	6th	7th	8th	All
A. I have never tried marijuana	91.5	89.1	-	-	90.2	90.2
B. 8 years old or younger	1.9	1.7	-	-	1.8	1.8
C. 9 years old	.0	.7	-	-	.4	.4
D. 10 years old	.6	1.2	-	-	.9	.9
E. 11 years old	1.6	.7	-	-	1.2	1.2
F. 12 years old	2.3	3.0	-	-	2.7	2.7
G. 13 years old or older	2.1	3.6	-	-	2.8	2.8

OTHER DRUG USE

30. Have you ever used any form of cocaine, including powder, crack, or freebase?

	Female	Male	6th	7th	8th	All
A. Yes	2.6	3.6	-	-	3.2	3.2
B. No	97.4	96.4	-	-	96.8	96.8

31. Have you ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high?

	Female	Male	6th	7th	8th	All
A. Yes	9.9	5.6	-	-	7.9	7.9
B. No	90.1	94.4	-	-	92.1	92.1

32. Have you ever taken steroid pills or shots without a doctor's prescription?

	Female	Male	6th	7th	8th	All
A. Yes	1.6	1.4	-	-	1.6	1.6
B. No	98.4	98.6	-	-	98.4	98.4

33. Have you ever taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription?

	Female	Male	6th	7th	8th	All
A. Yes	4.0	4.3	-	-	4.3	4.3
B. No	96.0	95.7	-	-	95.7	95.7

SEXUAL INTERCOURSE

34. Have you ever had sexual intercourse?

	Female	Male	6th	7th	8th	All
A. Yes	8.6	13.4	-	-	11.0	11.0
B. No	91.4	86.6	-	-	89.0	89.0

35. How old were you when you had sexual intercourse for the first time?

	Female	Male	6th	7th	8th	All
A. I have never had sexual intercourse	90.2	85.8	-	-	87.9	87.9
B. 8 years old or younger	3.2	4.5	-	-	3.9	3.9
C. 9 years old	.1	.5	-	-	.3	.3
D. 10 years old	.4	.7	-	-	.5	.5
E. 11 years old	.7	1.0	-	-	.8	.8
F. 12 years old	1.5	2.3	-	-	1.9	1.9
G. 13 years old or older	4.0	5.3	-	-	4.6	4.6

36. With how many people have you ever had sexual intercourse?

	Female	Male	6th	7th	8th	All
A. I have never had sexual intercourse	91.8	87.8	-	-	89.7	89.7
B. 1 person	4.6	6.2	-	-	5.4	5.4
C. 2 people	1.4	2.3	-	-	1.8	1.8
D. 3 people	.7	1.3	-	-	1.0	1.0
E. 4 people	.4	.6	-	-	.5	.5
F. 5 people	.1	.4	-	-	.2	.2
G. 6 or more people	1.1	1.5	-	-	1.3	1.3

37. The last time you had sexual intercourse, did you or your partner use a condom?

	Female	Male	6th	7th	8th	All
A. I have never had sexual intercourse	92.2	86.4	-	-	89.2	89.2
B. Yes	4.6	8.2	-	-	6.4	6.4
C. No	3.2	5.4	-	-	4.3	4.3

BODY WEIGHT

38. How do you describe your weight?

	Female	Male	6th	7th	8th	All
A. Very underweight	2.2	3.4	-	-	2.9	2.9
B. Slightly underweight	9.4	12.4	-	-	11.0	11.0
C. About the right weight	56.7	59.8	-	-	58.2	58.2
D. Slightly overweight	27.4	21.8	-	-	24.6	24.6
E. Very overweight	4.2	2.5	-	-	3.4	3.4

39. Which of the following are you trying to do about your weight?

	Female	Male	6th	7th	8th	All
A. Lose weight	54.3	33.2	-	-	43.9	43.9
B. Gain weight	3.9	13.2	-	-	8.5	8.5
C. Stay the same weight	22.7	25.4	-	-	24.0	24.0
D. I am not trying to do anything about my weight	19.1	28.3	-	-	23.6	23.6

40. Have you ever gone without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?

	Female	Male	6th	7th	8th	All
A. Yes	25.9	12.1	-	-	19.2	19.2
B. No	74.1	87.9	-	-	80.8	80.8

41. Have you ever taken any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not count meal replacement products such as Slim Fast.)

	Female	Male	6th	7th	8th	All
A. Yes	6.9	1.8	-	-	4.5	4.5
B. No	93.1	98.2	-	-	95.5	95.5

42. Have you ever vomited or taken laxatives to lose weight or to keep from gaining weight?

	Female	Male	6th	7th	8th	All
A. Yes	8.9	1.5	-	-	5.3	5.3
B. No	91.1	98.5	-	-	94.7	94.7

PHYSICAL ACTIVITY

43. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

	Female	Male	6th	7th	8th	All
A. 0 days	7.4	5.8	-	-	6.7	6.7
B. 1 day	3.6	3.2	-	-	3.4	3.4
C. 2 days	6.0	4.1	-	-	5.1	5.1
D. 3 days	11.2	6.6	-	-	9.0	9.0
E. 4 days	10.9	7.8	-	-	9.4	9.4
F. 5 days	20.7	12.4	-	-	16.6	16.6
G. 6 days	11.6	11.9	-	-	11.8	11.8
H. 7 days	28.5	48.2	-	-	38.1	38.1

44. On an average school day, how many hours do you watch TV?

	Female	Male	6th	7th	8th	All
A. I do not watch TV on an average school day	12.1	11.2	-	-	11.7	11.7
B. Less than 1 hour per day	21.1	19.9	-	-	20.5	20.5
C. 1 hour per day	14.2	17.8	-	-	15.9	15.9
D. 2 hours per day	25.2	21.3	-	-	23.3	23.3
E. 3 hours per day	13.1	16.3	-	-	14.7	14.7
F. 4 hours per day	7.1	4.9	-	-	6.0	6.0
G. 5 or more hours per day	7.2	8.5	-	-	7.9	7.9

45. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Xbox, PlayStation, Nintendo DS, iPod touch, Facebook, and the Internet.)

	Female	Male	6th	7th	8th	All
A. I do not play video or computer games or use a computer for something that is not school work	11.0	11.7	-	-	11.4	11.4
B. Less than 1 hour per day	24.8	19.6	-	-	22.2	22.2
C. 1 hour per day	16.2	17.1	-	-	16.6	16.6
D. 2 hours per day	18.7	16.4	-	-	17.5	17.5
E. 3 hours per day	10.9	13.4	-	-	12.1	12.1
F. 4 hours per day	5.9	8.7	-	-	7.3	7.3
G. 5 or more hours per day	12.4	13.1	-	-	12.8	12.8

46. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

	Female	Male	6th	7th	8th	All
A. 0 days	16.2	9.5	-	-	13.0	13.0
B. 1 day	1.3	3.2	-	-	2.3	2.3
C. 2 days	3.7	4.3	-	-	4.0	4.0
D. 3 days	21.6	21.3	-	-	21.4	21.4
E. 4 days	3.8	3.2	-	-	3.5	3.5
F. 5 days	53.4	58.6	-	-	55.9	55.9

47. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)

	Female	Male	6th	7th	8th	All
A. 0 teams	38.7	33.7	-	-	36.3	36.3
B. 1 team	18.1	20.4	-	-	19.2	19.2
C. 2 teams	19.5	19.4	-	-	19.5	19.5
D. 3 or more teams	23.6	26.4	-	-	25.0	25.0

OTHER HEALTH-RELATED TOPICS

48. Have you ever been taught about AIDS or HIV infection in school?

	Female	Male	6th	7th	8th	All
A. Yes	45.4	50.8	-	-	48.1	48.1
B. No	29.2	26.4	-	-	27.9	27.9
C. Not sure	25.4	22.8	-	-	24.1	24.1

49. Has a doctor or nurse ever told you that you have asthma?

	Female	Male	6th	7th	8th	All
A. Yes	17.8	18.5	-	-	18.2	18.2
B. No	75.3	75.7	-	-	75.5	75.5
C. Not sure	6.9	5.8	-	-	6.3	6.3

50. Do you still have asthma?

	Female	Male	6th	7th	8th	All
A. I have never had asthma	68.4	68.3	-	-	68.4	68.4
B. Yes	12.5	13.5	-	-	13.0	13.0
C. No	9.3	10.7	-	-	10.0	10.0
D. Not sure	9.8	7.5	-	-	8.7	8.7